

Day of Month (Psalm 119)	Morning Psalms	Morning Scripture	Evening Psalms	Evening Scripture	Bedtime Readings
1 (1-8)	1, 70, 142	Dt 1:26-46	6, 72, 144	Jas 1:16-26	4, 91, 134
2 (9-16)	2, 75	Dt 30:1-19	7, 73	Jas 2:1-12	4, 91, 134
3 (17-24)	3, 15, 76	Nu 12:1-16	10, 74	Jas 2:13-26	4, 91, 134
4 (25-32)	5, 77, 143	Nu 20:1-13	11, 78, 150	Jas 3	4, 91, 134
5 (33-40)	8, 80, 145	Jos 24:14-27	12, 13, 79	Jas 4:1-12	4, 91, 134
6 (41-48)	9, 81	1Kg 17:1-16	16, 146	Jas 4:13-5:6	4, 91, 134
7 (49-56)	14, 82, 149	1Kg 18:20-39	18, 83	Jas 5:7-19	4, 91, 134
8 (57-64)	17, 84	1Kg 19:9-18	85, 147, 148	1Pe 1:1-12	4, 91, 134
9 (65-72)	19, 86,	2Kg 2:1-17	20, 88	1Pe 1:13-25	4, 91, 134
10 (73-80)	89, 125	2Kg 5:1-16	22, 87	1Pe 3:8-18	4, 91, 134
11 (81-88)	21, 24	2Kg 17:7-23	23, 90, 138	1Pe 4:1-11	4, 91, 134
12 (89-96)	25, 93	2Kg 22:1-20	27, 110,	1Jo 1:1-8	4, 91, 134
13 (97-104)	26, 95	2Ch 6:14-21;28-33; 36-40	28, 92	1Jo 2:1-11	4, 91, 134
14 (105-112)	29, 96	2Ch 7:11-22	31, 111, 117	1Jo 3:11-24	4, 91, 134
15 (113-120)	30, 97	Jonah 3:1-4; 4: 1-11	32, 102	1Jo 4:7-21	4, 91, 134
16 (121-128)	34, 98, 129	Is 1:10-20; 2:12-18	33, 112	1Jo 5:1-15	4, 91, 134
17 (129-136)	35, 99	Is 6:1-10	36, 103	Eph 2:1-10	4, 91, 134
18 (137-144)	42, 100	Is 12	37, 113, 114	Eph 4:1-16	4, 91, 134
19 (145-152)	43, 46, 101	Is 25	38, 115	Eph 6:10-18	4, 91, 134
20 (153-160)	45, 109	Is 29:13-24	39, 126, 127	Ph 2:1-10	4, 91, 134
21 (161-168)	47, 107	Is 32	40, 128, 130	Ph 3:12-16; 4:4-9	4, 91, 134
22 (169-176)	48, 116	Is 35	41, 104	Co 1:15-23	4, 91, 134
23 (1-8)	50, 118	Is 40:21-31	44, 131, 133	Co 3:1-17	4, 91, 134
24 (9-16)	57, 61	Is 42:1-17	49, 135	1Th 5:4-19	4, 91, 134
25 (17-24)	58, 120, 121	Is 55	51, 136	1Ti 1:12-20	4, 91, 134
26 (25-32)	59, 122, 123	Is 61	52, 53	1Ti 6:6-19	4, 91, 134
27 (33-40)	60, 137	Jer 18:1-17	55, 139	2Ti 1:1-12	4, 91, 134
28 (41-48)	62, 106	Jer 29: 4-19	54, 56	He 10:19-31	4, 91, 134
29 (49-56)	63, 64	Lam 3:19-45	65, 67	He 12:1-13	4, 91, 134
30 (57-64)	66, 105	Eze 37:1-14	68, 108	Acts 1:1-14	4, 91, 134
31 (65-72)	71, 141	Hos 14	69, 140	Acts :1-19	4, 91, 134

Note: (A) The numbers in parentheses following the "day of the month" refer to verses in Psalm 119; they should be read at the start of each reading time. (B) Numbers which occur alone refer to Psalms. (C) Morning Scripture: Dt=Deuteronomy; Nu=Numbers; Jos=Joshua; 1/2Kg=1 or 2 Kings; 2Ch= 2 Chronicles; Is=Isaiah; Jer=Jeremiah; Lam=Lamentations; Eze=Ezekiel; Hos=Hosea (D) Evening Scripture: Jas=James; 1Pe= 1 Peter; 1Jo= 1 John; Eph=Ephesians; Ph=Philippians; Co=Colossians; 1Th= 1 Thessalonians; 1/2Ti= 1 or 2 Timothy; He=Hebrews